

Amendments to the Claims:

This listing of claims will replace all prior versions, and listings of claims in the application:

Listing of Claims:

1 1. (Currently amended) A handle for a carrying case, the handle comprising:
2 a first portion comprising an upper portion and a lower portion, the upper portion
3 defining a substantially horizontal receiving area and the lower portion defining a first carrying
4 case engagement portion; and

5 a second portion comprising an upper portion and a lower portion, the upper
6 portion defining a substantially horizontal nesting part that nests within the substantially
7 horizontal receiving area when the handle is in use and the lower portion defining a second
8 carrying case engagement portion;

9 wherein the nesting part pivots within the receiving area, the handle is configured
10 to continue to be ergonomic as the substantially horizontal nesting part pivots within the
11 substantially horizontal receiving area.

1 2. (Original) A handle in accordance with claim 1 wherein the first and
2 second carrying case portions each comprise a single elongated portion that is received by the
3 carrying case.

1 3. (Original) A handle in accordance with claim 1 wherein the first and
2 second carrying case portions each comprise two individual parts that are received by the
3 carrying case.

1 4. (Original) A handle in accordance with claim 1 wherein the first portion
2 may be separated from the second portion.

1 5. (Original) A handle in accordance with claim 1 wherein the nesting part is
2 secured within the receiving area.

1 6. (Currently amended) A carrying case comprising a body, at least two
2 handle engagement portions and a handle, the handle comprising:
3 a first portion comprising an upper portion and a lower portion, the upper
4 portion defining a substantially horizontal receiving area and the lower portion defining a first
5 carrying case engagement portion that engages at least one of the at least two handle engagement
6 portions; and
7 a second portion comprising an upper portion and a lower portion, the
8 upper portion defining a substantially horizontal nesting part that nests within the substantially
9 horizontal receiving area when the handle is in use and the lower portion defining a second
10 carrying case engagement portion that engages at least one of the at least two handle engagement
11 portions;
12 wherein the nesting part pivots within the receiving area, the handle is
13 configured to continue to be ergonomic as the substantially horizontal nesting part pivots within
14 the substantially horizontal receiving area.

1 7. (Original) A carrying case in accordance with claim 6 wherein the
2 carrying case comprises two handle engagement portions and the first and second carrying case
3 portions each comprise a single elongated portion that is received by a respective handle
4 engagement portion.

1 8. (Original) A carrying case in accordance with claim 6 wherein the
2 carrying case comprises four handle engagement portions and the first and second carrying case
3 portions each comprise two individual parts that engage two respective handle engagement
4 portions.

1 9. (Original) A carrying case in accordance with claim 6 wherein the first
2 portion may be separated from the second portion.

1 10. (Original) A carrying case in accordance with claim 6 wherein the nesting
2 part is secured within the receiving area.

1 11. (Currently amended) A method of varying dimensions of a carrying case
2 comprising a body, at least two handle engagement portions and a handle, the method
3 comprising:

4 providing the handle comprising:

5 a first portion comprising an upper portion and a lower portion, the upper
6 portion defining a substantially horizontal receiving area and the lower portion defining a first
7 carrying case engagement portion that engages at least one of the at least two handle engagement
8 portions; and

9 a second portion comprising an upper portion and a lower portion, the
10 upper portion defining a substantially horizontal nesting part that nests within the substantially
11 horizontal receiving area when the handle is in use and the lower portion defining a second
12 carrying case engagement portion that engages at least one of the at least two handle engagement
13 portions;

14 wherein the nesting part pivots within the receiving area;

15 varying a width of the body; and

16 pivoting the nesting part within the receiving area in order to move the carrying
17 case engagement portions to accommodate the width of the body, the handle is configured to
18 continue to be ergonomic as the substantially horizontal nesting part pivots within the
19 substantially horizontal receiving area.

1 12. (Currently amended) An ergonomic handle for bags, carrying cases and
2 the like, the handle comprising a substantially horizontal male portion and a separate
3 substantially horizontal female portion, wherein the substantially horizontal male portion nests
4 within the substantially horizontal female portion and is capable of pivoting relative thereto, the
5 handle configured to continue to be ergonomic as the substantially horizontal male portion pivots
6 within the substantially horizontal female portion.

1 13. (new) The handle of claim 1, wherein the receiving area is substantially
2 rounded and the nesting part is substantially rounded, wherein the substantially rounded
3 receiving area substantially contacts the substantially rounded nesting part while pivoting.

1 14. (new) The carrying case of claim 6, wherein the receiving area is
2 substantially rounded and the nesting part is substantially rounded, wherein the substantially
3 rounded receiving area substantially contacts the substantially rounded nesting part while
4 pivoting.

1 15. (new) The method of claim 11, wherein the receiving area is substantially
2 rounded and the nesting part is substantially rounded, wherein the substantially rounded
3 receiving area substantially contacts the substantially rounded nesting part while pivoting.

1 16. (new) The ergonomic handle of claim 12, wherein the receiving area is
2 substantially rounded and the nesting part is substantially rounded, wherein the substantially
3 rounded receiving area substantially contacts the substantially rounded nesting part while
4 pivoting.